

**WINTER 2022/2023** 



51 N. MacDade Blvd Darby, PA 19023

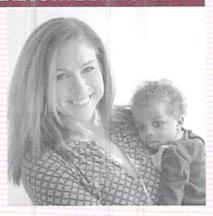
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mothershome.org

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#### LETTER FROM THE EXECUTIVE DIRECTOR

I hope this letter finds you and your family well and enjoying the holiday season. Holidays are very special at Mothers' Home. Donations and gifts arrive daily and there is a sense of excitement in the air. We strive to give our residents and their newborns a true Christmas experience with gift giving and meal sharing and an opportunity to be together as a family. Many of them have



never experienced this and are very grateful for the outpouring of love and support from the community.

As we prepare for the holidays, we continue to navigate the ups and downs of Covid in addition to new viruses circulating that are very harmful to pregnant women and babies. Our priority is to keep our residents healthy and safe, and we feel blessed to be able to provide a safe space for them with caring staff to help them manage these stressful times.

Our residents continue to inspire us as they leave Mothers' Home and begin their new life as independent, self-reliant, hard-working Moms. A new feature for our newsletters will be interviews we conducted with former residents to discuss their experience at Mothers' Home and how it helped them to get back on their feet, reconnect with family, and help provide a healthy, loving environment for their newborns. In this edition, you will meet Stephanie, who has a very impactful story to tell. I think you will be inspired by her journey. Of course, we could not provide for Stephanie and the hundreds of women and children we have housed and supported over the years, without the loyal commitment of our donors and friends. We are so grateful to all of you! Please be assured your donations are making an impact on the lives of our residents and they feel your caring and compassion. We couldn't do this critical work without our incredible Mothers' Home community! So, thank you and I wish you all a wonderful, peaceful holiday season with family and friends.

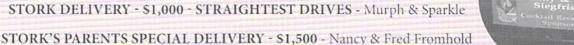
 Brigid Risko, Executive Director brisko@mothershome.org



# GOLFOUTING 2022

Thank You To Our 2022 Mothers' Home Charity Golf Outing Sponsors

PLATINUM EVENT SPONSOR - \$5000 - John and Ruth Kramer Charitable Trust
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#### FRIENDS OF MOTHERS' HOME - \$25

Niki Ludt

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Thank you to everyone who worked hard to ensure a successful event for Mothers' Home. Our charity golf outing, held in May at the beautiful Paxon Hollow Golf Club was a huge success!

There are so many people to thank, but we'd like to extend a special thank you to Mike Fromhold for his tireless work as the Committee Chair.

Also, to Brooke Keith for her many hours and endless energy organizing the silent auction.

Save the date for next year's outing which will be held on Monday, May 15th, 2023

(the day after Mother's Day) at Paxon Hollow.

We hope to see you there!

#### MOTHERS' HOME IN THE COMMUNITY

We've all heard the phrase, "It takes a village". At Mothers' Home, we regularly put those words into action. We have been extremely fortunate to have very generous donors who fill our closets with



KAREN BARNES. Founder and President of Grands Stepping Up/ Denis' Pantry in Havertown with Executive Director, BRIGID RISKO, accepting donations of diapers and formula for her pantry clients.

diapers, formula and other baby essentials. When we find ourselves with a surplus, we reach out to local pantries to share our resources. We also share with former residents and community members in need of help. During the formula crisis, we were able to help desperate Moms in need of formula to feed their infants. By seeking out Moms looking for help, we were able to meet up with them in parking lots throughout the County and share a can or two of formula to help ease their distress. Thanks to our many generous donors, we are able to make an impact not only with our own residents, but throughout the community.

### IN MEMORIAM Kim Dyer Grugan



On September 29th, we lost a beloved member of our staff, Kim Dyer Grugan. Kim had worked at Mothers' Home for one year, but during that time, she became an integral part of our team and was loved by her coworkers and our residents. Kim always had a smile and a kind word for everyone. Her kindness and compassion with our residents will always be remembered. She loved working at Mothers' Home and everyone loved her back. We miss her every day, and our thoughts and prayers are with her family.

#### RESIDENT SPOTLIGHT

## Stephanie

I found Mothers' Home through Community Action Agency of I could take care of my baby. Delaware County. I was pregnant and my now ex-husband did not want

children and did not support me. I needed help with my pregnancy as I would eventually be evicted and homeless if I were alone in this. I needed a place to think and figure out my next steps. I was 34 years old, pregnant and couch surfing and working as a CDL driver which was difficult to do effectively during my pregnancy because of stress and other factors.

I interviewed with Mothers' Home and was accepted into the program. I was so happy Mothers' Home was available to me. If they weren't, where would I go? Other shelters do not offer the resources that they do. I attended all the parenting classes and meetings, I used the library, and staff assisted me in finding resources and learning how to do things and access resources available to me. They didn't rush me to figure out my life. They just supported me during my pregnancy and encouraged me to listen to my body. They told me to take my time and find my footing in life and love myself and take care of myself and love my baby. They taught me self-care and that I had options. I was able to celebrate this new life and the fact that

My biggest hurdle was my pride. I thought I could tough it out since

I have always worked and been able to take care of myself. I didn't let my pride stop me though, because I knew this is what I needed for my child. I thank God for Mothers' Home. I think a problem with our society is that we don't reach out to others for help. I am now living on my own with my beautiful son. I do commercial driving and my son comes on my runs with me. I am working towards getting my real estate license. If not for Mothers' Home, my son would not be as happy and healthy as he is. He wouldn't have diapers or clothes. My son is a big smiler, he loves to smile and play. He is so loving and not stressed about where his next meal will come from. Mothers' Home provided all of that for us. For Mother's Day, I sent a catered dinner to the residents and staff. I intend to help as often as I can. I think there should be shelters like Mothers' Home nationwide. We would have healthier children and Moms.

Mothers' Home was a respite for me. They molded me into a loving Mother and I am grateful to have been a resident there.



TINO on Mother's Day

**CONSIDER A LEGACY GIFT** TO MOTHERS' HOME

Another magnificent way to support Mother's Home, even beyond your lifetime, is a bequest to Mother's Home as part of your estate plan. A simple statement in your will is generally sufficient, such as "I leave to Mother's Home, Darby, Pennsylvania the sum of \$ for its charitable works on behalf of pregnant women and their children." If you have any questions, please contact us and one of the attorneys who support Mother's Home can provide answers to your questions. Thank you!



#### **BOARD OF DIRECTORS**

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The official registration and financial information of Mothers' Home, Inc. may be obtained from the PA Dept. of State by calling toll free, within PA, 1-800-732-0999. Registration does not imply endorsement. Mothers' Home, Inc. is a recognized 501(c)(3) charitable organization and a United Way Donor Choice Agency: ID#7357. Photo of Brigid Risko, photo in masthead by Aino Photography.

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